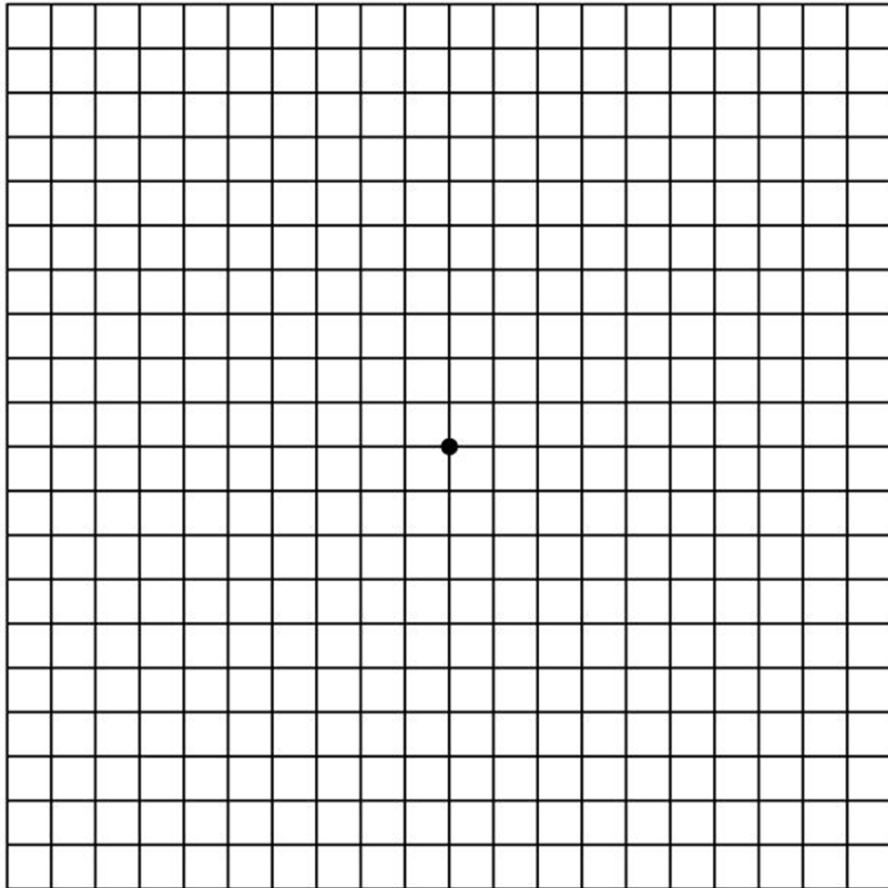


AMSLER GRID

TEST FOR MACULAR DEGENERATION OR OTHER VISION PROBLEMS



Instructions:

1. Print two copies of this document. Label one "left eye". Label the other, "right eye".
2. Hold chart at eye level, in consistent light, without any glare.
3. Wear your glasses or reading glasses.
4. Cover one eye at a time, test each eye separately.
5. Fix your sight on the center dot and look for new areas of blurry, missing, distorted, or wavy lines, or enlargement of the center dot.
6. Mark any defect on the area of the chart where you see it.
7. Perform this test each and every morning.
8. If you notice any changes, call Tyson Eye for an appointment.